

Motherhood can be a shock.

Interview **Amy Robbins-Wilson**, the creator of "Mommy Jingles," which helps new Moms cope!

There's a dark side to the happy experience of bringing home a newborn baby and millions of American mothers experience it. Author/Musician **Amy Robbins-Wilson** has been there; she knows what it is like to feel lost and lonely as a new mother.

New families are often isolated from extended family, family structures have changed and support networks are not what they used to be. New mothers are seeking new skills in coping with the demands of a new baby.

Amy Robbins-Wilson will provide your audiences and readers with dynamic and helpful advice which will literally change the lives of stressed out parents who don't know where to look for guidance.

- **Award Winning Author**
- **Award Winning Recording Artist**
- **Mother of a premature baby**
- **MA- Expressive Arts Therapies**
- **MA- Ritual Song and Chant Performance**



Show and Story Ideas

Where did my "Fun Mommy" Go? *A Step by Step Guide to Taking Mothering Seriously by Lightening up.*

How to be a Gold Star Dad! *5 Ways to Score Points With Your Wife When She Becomes a New Mother.*

Protect Your Baby From Big Brother- *5 Ways to avoid the perils of Mommy Marketing.*

How To Avoid Becoming a Remote Mommy - *5 easy ways to turn off the TV and engage your child.*

Tame Toddler Tantrums! *How to get your child to brush their teeth, wash their hands and come to the table without a fuss. This could also be a series of segments or articles.*

Mommy Jingles: *your audience will learn unique 2 minute musical "miracles" to calm, comfort and connect with their babies and toddlers.*

The Secret Life of New Mothers: *exploring the myths that good mothering is instinctual and that new mothers should be happy and never blue.*

Calling a Truce in the Mommy Wars- *why new moms attack each other and how they can stop.*

5 Things You Should Never Say to a New Mother

5 Things You Should Never Say to the Parents of a Premature Baby- *Great for Prematurity Awareness Month in November each year.*

All Moms Pray: *do an inspiring story on spiritual survival for new mothers.*

Media Experience:

WABI-TV repeat guest
CMN telethon repeat guest
CMN Champion family of Maine 2010
WERU 89.9 "Babytalk" repeat guest

Every

"Interviewing Amy is like sitting on the couch with your best friend, you know

she cares and is passionate about what she is sharing." -Lanie Colson



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Availability:

Nationwide by arrangement.
Available as a last minute guest